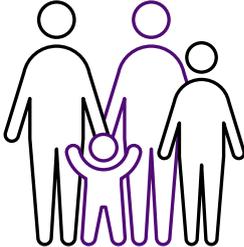# THIS IS ME.

This is me – this is what I want you to know about me
(ask my parents/carers for more information)

Please complete this with your child:

Insert picture of child	**I like to be called:**
	I was born on:
	These people are important to me: (who might your child talk about)
	I live with: (including pets)
"!?"	**The language(s) I speak at home is:**

	I also hear these languages spoken in my home:
	I communicate mostly by: (Gesture, one/two word phrases/ sentences)
	My family and I like to celebrate these festivals and events: (this may include cultural and religious festivals that the family celebrate)
	I like to play with: (favourite toys or play such as imaginative games)
	I know these children who are joining me in my class at school:
	I am interested in:

	My favourite book or song is:
	I am good at:
	I sometimes get upset or worried when: (this may include ways to support these emotions)
	I would also like you to know that: (this may include any sleep needs, dietary needs, other professionals working with the child/ family)

This is how I spend my week:

(this maybe regular activities such as swimming or time spent with a non-resident parent, grandparents, or childminder)

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

My family's preferred way of staying in touch:

(Tick the best way for you)

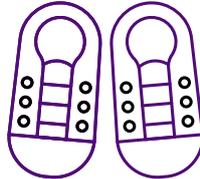| Face to face	By telephone call	By text	Use of social media	By email	By letter

Developing independence – I can:
(Tick what best describes what you can do)

	I can do this	I sometimes need some help	I will need some help
Wash and dry my hands			
Blow my nose			
Go to the toilet			
Put on my shoes			
Dress myself			
Put on my coat			
Feed myself			