

# THE PRIMARY HEADTEACHERS' CONFERENCE CULTIVATING WELLBEING AND INSPIRATION IN LEADERSHIP

Thursday 9th - Friday 10th October 2025

Hinxton Hall Conference Centre, Wellcome Genome Campus, Hinxton, Cambridgeshire, CB10 1RQ

## Day 1

Time	Details				Location
9:15 am	Conference registration opens				Exhibition Hall
	Tea & Coffee and Exhibition	Extribition Fide			
	Welcome to Day One				
10:00 am	Cathy Longhurst, Headtead				
	Carole Bennett, CEO, HFL I				
		r and Independent Thinking	rough purpose & belonging		
10:15 am	Vic's keynote will explore how the young people we now serve bring new challenges in an environment of diminishing resources. It will highlight how fostering inclusion, and a sense of belonging is crucial to overcoming these challenges and achieving more with less.  Introduced by Carole Bennett, CEO, HFL Education				Frances Crick Auditorium
	Sponsor Dragons Den				
11.00	An opportunity to hear from	neir			
11:00am	products and services can h				
	Compared by James Roach				
11:15am	DRUMBA Energiser				
11:20 am	Break				Exhibition Hall
Workshops	Rosalind Franklin (80)	Barbara McLintock (60)	Green Room (25)	Pompeiian Room (25)	Library (25)
11:40 am	Strategic leadership of Al in your school	Talking Heads	Working collaboratively with governors in a changing and challenging world	Handling complaints professionally: Dealing with difficult cases	How to better serve disadvantaged pupils



	Chris Carter, HFL Education	Anne Peck, HFL Education	Cathy Irons and Jonathan Ellam, HFL Education	Paul Davies, HFL Education	Joanna Di Bella, HFL Education
12:25 pm	Lunch				
1:25 pm	Courageous conversations: Leading with confidence and compassion	Supporting resilience for SENCOs/SEN teams	Ofsted – how leaders can utilise the Ofsted toolkit to inform self-evaluation	Creating strong school communities	Navigating your way in Hertfordshire - finding the right support at the right time
	Anne Peck & Clair Hicks, HFL Education	Louise Barrell & Becky Rothwell, HFL Education	Lisa Massey & Kate Beaumont, HFL Education	Michael Catchpool & Sarah- Jane Ferguson, HFL Education	Carole Bennett & Heidi Otranen, HFL Education
2:10 pm	Break				
2:40 pm	Strategic leadership of Al in your school	Managing staff absence	Balancing leadership with wellbeing - making time for you	Working collaboratively with governors in a changing and challenging world	A Headteacher's role in monitoring effectiveness of Safeguarding procedures
	Chris Carter, HFL Education	Chris Williams, HFL Education	Catherine Tallis & Linda Hardman, HFL Education	Cathy Irons & Jonathan Ellam, HFL Education	Dominic Bedford & Lisa Massey, HFL Education
3:25 pm	Move to auditorium				
3:35pm	Headline Sponsor Keynote Introduced by Anne Peck, HFL Education				
3:50 pm	Five Questions For Leaders: Thriving in Today's Schools Professor Zachary Walker, Head of Department for the Department of Psychology and Human Development (PHD) at the University College London Institute of Education (IOE)  This provocative session examines the most incisive and stimulating issues facing leaders and reveals the thought- processes to thrive in leadership. Informed by the latest research, and grounded in practical experience, this talk				



	balances the importance of recognising and honouring colleagues and learners with the performance demands of leading in a dynamic, rapidly evolving world.	
	Are we willing to ask ourselves tough questions in order to provide the best for our teams?	
	Introduced by Cathy Longhurst, Headteacher, Mandeville Primary School	
4:35pm	Closing thoughts and reflections – Anne Peck	
4:45pm	Conference day closes Residential guests check in	
6:00pm	New Heads Welcome	Green Room
7:00pm	Drinks Reception	Library Bar
7:30pm	Gala Dinner	Chestnut Suite



# Day 2

Time	<b>De</b> tai <b>ls</b>				Location
09:15 am	Conference registration opens Tea and Coffee served in Exhibition Hall				Exhibition Hall
09:45 am	Welcome to Day Two Anne Peck, HFL Education				
	From Adversity to Achievement: A Journey of Resilience and Empowerment Professor Katriona O'Sullivan				
10:00 am	Katriona's keynote speech will chronicle her journey from poverty, teenage pregnancy, and homelessness to earning a PhD from Trinity College Dublin and becoming an award-winning lecturer. She will share her struggles and how she overcame adversity, inspiring the audience with her resilience. Her story will provide valuable lessons and ideas on supporting those less fortunate to succeed.				Frances Crick Auditorium
	Introduced by Anne Peck, HFL Education				
10:45 am	Break				
Workshops	Frances Crick Auditorium	Rosalind Franklin (80)	Barbara McLintock (60)		
11:05 am	Courageous conversations: Leading with confidence and compassion	Managing staff absence	Supporting resilience for SENCOs/SEN teams		
	Anne Peck & Clair Hicks, HFL Education	Chris William, HFL Education	Louise Barrell & Becky Rothwell, HFL Education		
11:50 am	Move to next workshop				
11:55 am	Balancing leadership with wellbeing - making time for you	Talking Heads	Handling complaints professionally: Dealing with difficult cases		
	Catherine Tallis & Linda Hardman HFL Education	Anne Peck, HFL Education	Paul Davies, HFL Education		



12:40 pm	Lunch	
1:30pm	Close of event & departure	

#### **Session Details**

This alphabetical list gives full details of each workshop session, enabling you to make an informed choice as you build your personalised programme.

#### A Headteacher's role in monitoring effectiveness of Safeguarding procedures

Dominic Bedford & Lisa Massey, HFL Education

This session focuses on equipping Headteachers with the skills to evaluate and enhance their school's safeguarding practices. It covers key areas such as policy implementation, staff training, and the importance of regular audits to ensure a safe environment for all students

#### Balancing leadership with wellbeing - making time for you

Catherine Tallis and Linda Hardman, HFL Education

This session will focus on you and your wellbeing. An opportunity to pause and reflect on your emotional and mental health, we will explore, through a case study example, strategies for managing stress and avoiding burnout.

## Creating strong school communities

Michael Catchpool & Sarah-Jane Ferguson, HFL Education

This workshop focuses on building cohesive and supportive school environments. It covers strategies for fostering collaboration among staff, students, and parents/carers, emphasising the importance of engaging families in school activities and decision-making processes to strengthen the overall community.



# Courageous conversations: Leading with confidence and compassion

Anne Peck & Clair Hicks, HFL Education

The focus of this session is to empower Headteachers to handle difficult conversations with clarity and empathy. It covers techniques for maintaining constructive dialogue, fostering mutual respect, and achieving positive outcomes even in challenging situations

## Handling complaints professionally: Dealing with difficult cases

Paul Davies, HFL Education

This workshop will equip Headteachers with strategies to manage complaints effectively and maintain professionalism in challenging situations. It covers techniques for active listening, empathy, and assertiveness, ensuring that complaints are resolved constructively, and stress is managed efficiently.

#### How to better serve disadvantaged pupils

Joanna Di Bella, HFL Education

This workshop focuses on strategies to support the academic and personal development of disadvantaged students. It covers identifying barriers to learning, implementing targeted interventions, and fostering an inclusive school environment to help all pupils thrive

#### Managing staff absence

Chris Williams, HFL Education

The focus of this workshop is to provide strategies for effectively handling staff absences to minimise disruptions and maintain productivity. It covers best practices for tracking absences, supporting employees, and implementing policies that balance organisational needs with staff well-being



#### Navigating your way in Hertfordshire - finding the right support at the right time

Carole Bennett & Heidi Otranen, HFL Education

This workshop aims to help Headteachers identify and access local support services efficiently. It covers strategies for connecting with community resources, understanding available assistance, and ensuring timely support for students and families in need

#### Ofsted – how leaders can utilise the Ofsted toolkit to inform self evaluation

Lisa Massey & Kate Beaumont, HFL Education

This workshop focuses on helping Headteachers leverage the Ofsted toolkit to enhance their school's self evaluation processes. It covers practical strategies for using the toolkit to identify strengths and areas for improvement, ensuring continuous development and readiness for inspections.

#### Strategic leadership of AI in your school

Chris Carter, HFL Education

This workshop focuses on guiding Headteachers on the ethical considerations, safeguarding, and legal compliance surrounding Al adoption. It will explore defining a clear purpose for Al, developing effective policies, and maintaining crucial human oversight. Attendees will leave with practical actions to consider further in their schools.

# Supporting resilience for SENCOs/SEN teams

Louise Barrell and/or Becky Rothwell, HFL Education

This workshop focuses on strategies to help SENCOs and their teams build resilience in their demanding roles. It covers effective time management, delegation techniques, and self-care practices to maintain a healthy work-life balance and enhance their capacity to support students



# Talking Heads

Anne Peck, HFL Education

This session will provide delegates with current examples of inspirational leadership and the building of a positive culture, with Heads from across Hertfordshire.

# Working collaboratively with governors in a changing and challenging world

Cathy Irons and Jonathan Ellam, HFL Education

During this session, we will discuss how school governors and trustees play a pivotal role as leaders of educational settings in navigating a myriad of challenges, including stakeholder engagement and effective partnership working.